Taipei is a city of food, and it’s become one of the most popular travel destinations in Asia for that very reason. Its neighborhoods are filled with more restaurants than you could ever hope to visit in a lifetime, let alone a vacation, churning out tasty dishes at all hours of the day and night. The recent explosion in Taipei’s coffee and craft beer markets underscore a diversifying and increasingly international food scene.

But if you want to get to the real heart of Taipei’s best eats, you need to look to tradition. The best way to become acquainted with a foreign cuisine is to learn how its most iconic dishes are created. That’s never been easier in Taipei than it is right now. A variety of cooking classes are becoming increasingly accessible to tourists, as they expand instruction to multiple languages, offering foreigners the chance to see exactly how local foods are prepared. Don’t miss the opportunity to try your hand at creating your favorite Taiwanese dishes from scratch!

**Dishes includes**

- Handmade Traditional XiaoLongBao
- Homemade Taiwanese Beef Noodles
- Taiwanese Side Dish: Flavored Vegetables
- Taiwanese Specialty: Bubble Milk Tea

**Kind reminder:**

- Everyone who participates in the event will get a full meal of his/her own homemade dishes, so perhaps you won’t want to eat too much during breakfast!
- Accompanying persons and children are also welcomed to this event!

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**Introduction**

**XIAO LONG BAO**

This dish was invented in Shanghai, China. But like many other things, Taiwan took it and made it their very own. Food enthusiasts now claim Taiwan as the best place to satisfy your xiao long bao cravings. Just ask the people who’ve tried Din Tai Fung.

**BUBBLE MILK TEA**

Unlike the xiao long bao, the bubble milk tea was invented in Taiwan, in the city of Taichung by the famous teashop—Chun Tsui Tang. You can see people holding bubble milk tea everywhere in Taiwan because it’s one of Taiwan’s national drinks!

**NIU ROU MIAN**

The beef noodle soup here is like no other. Fortunately, this is a regular dish found in almost all Taiwanese restaurants. The soup broth comes in a variety, making it pretty special at many restaurants. Can you guess who holds the International Beef Noodle Soup Festival? Yep, Taipei.